

Jesus teaches his followers how to pray.

WE GATHER

✝ God our Father, please hear our prayer.

When someone you love is far away, how can you stay in touch?

🧠 Think of some ways and list your ideas.

WE BELIEVE

Jesus is the Son of God. Jesus is divine because he is God. He is also Mary's son. Jesus is human like us in every way except he is without sin.

Jesus had to learn how to walk, talk, read, and write. Mary and Joseph also taught Jesus how to talk to God in prayer. **Prayer** is listening and talking to God.

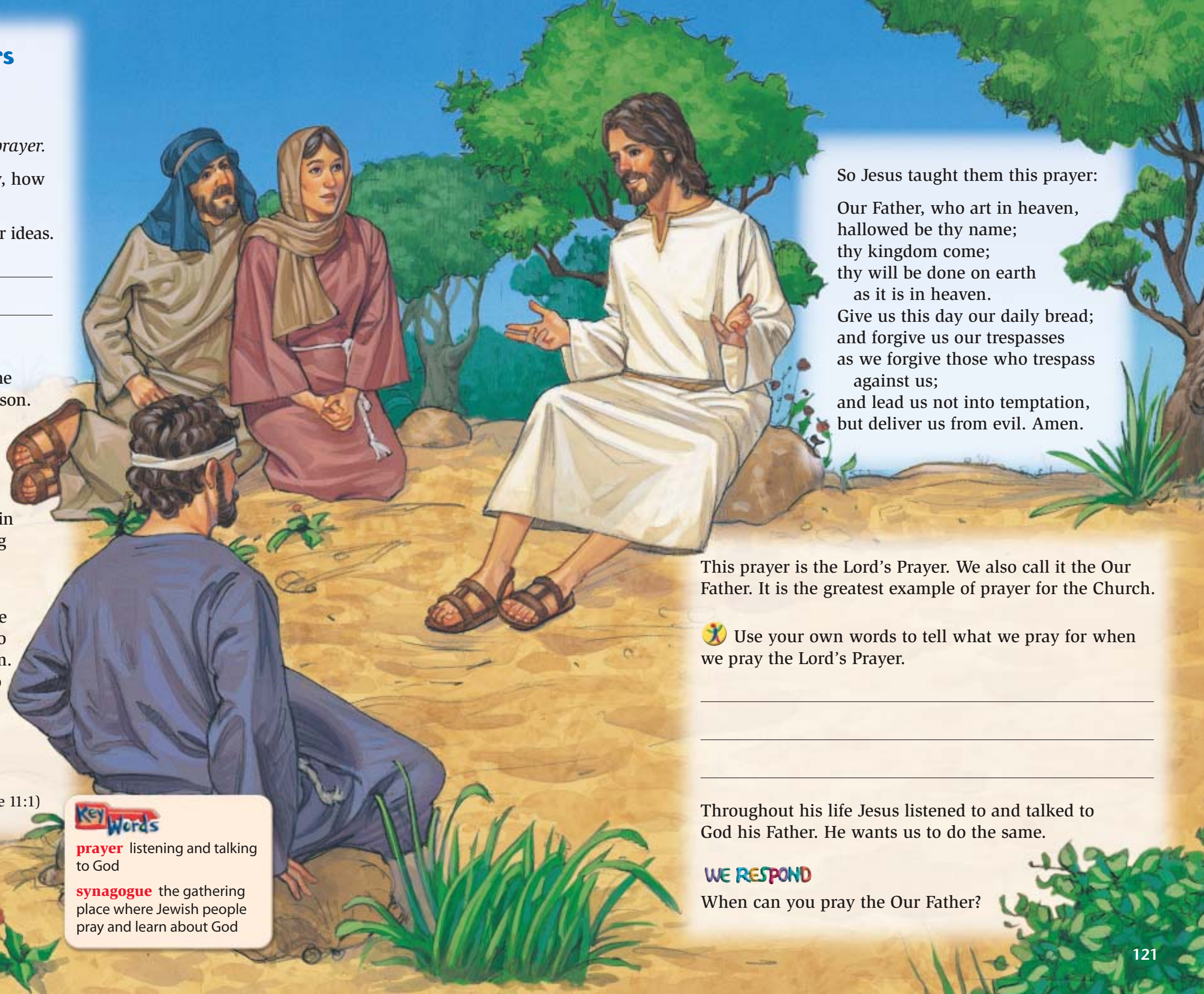
Jesus prayed in the **synagogue**, the gathering place where Jewish people pray and learn about God. Jesus also worshiped in the Temple in Jerusalem. Other times he went off by himself to pray. Sometimes he prayed with his family or his disciples and apostles.

The disciples wanted to learn how to pray as Jesus did. One day they said to him, "Lord, teach us to pray." (Luke 11:1)

Key Words

prayer listening and talking to God

synagogue the gathering place where Jewish people pray and learn about God



So Jesus taught them this prayer:

Our Father, who art in heaven,
hallowed be thy name;
thy kingdom come;
thy will be done on earth
as it is in heaven.
Give us this day our daily bread;
and forgive us our trespasses
as we forgive those who trespass
against us;
and lead us not into temptation,
but deliver us from evil. Amen.

This prayer is the Lord's Prayer. We also call it the Our Father. It is the greatest example of prayer for the Church.

🧠 Use your own words to tell what we pray for when we pray the Lord's Prayer.

Throughout his life Jesus listened to and talked to God his Father. He wants us to do the same.

WE RESPOND

When can you pray the Our Father?