

We can pray with others or by ourselves.

WE GATHER

✝ Jesus, teach us to pray as you did.

👤 Name some activities you like to do with others.

Name some activities you like to do by yourself.



👤 Look at the pictures. What is happening? Why is each one an example of liturgy?

Sometimes we pray alone just as Jesus did. We call this personal prayer. We can pray at any time and in any place. We can pray prayers such as the Our Father and the Hail Mary. We can also pray with our own words.

God listens to us when we pray. He knows what we need. These words of Jesus remind us to pray to God our Father: "I tell you, ask and you will receive; seek and you will find; knock and the door will be opened to you." (Luke 11:9)



WE BELIEVE

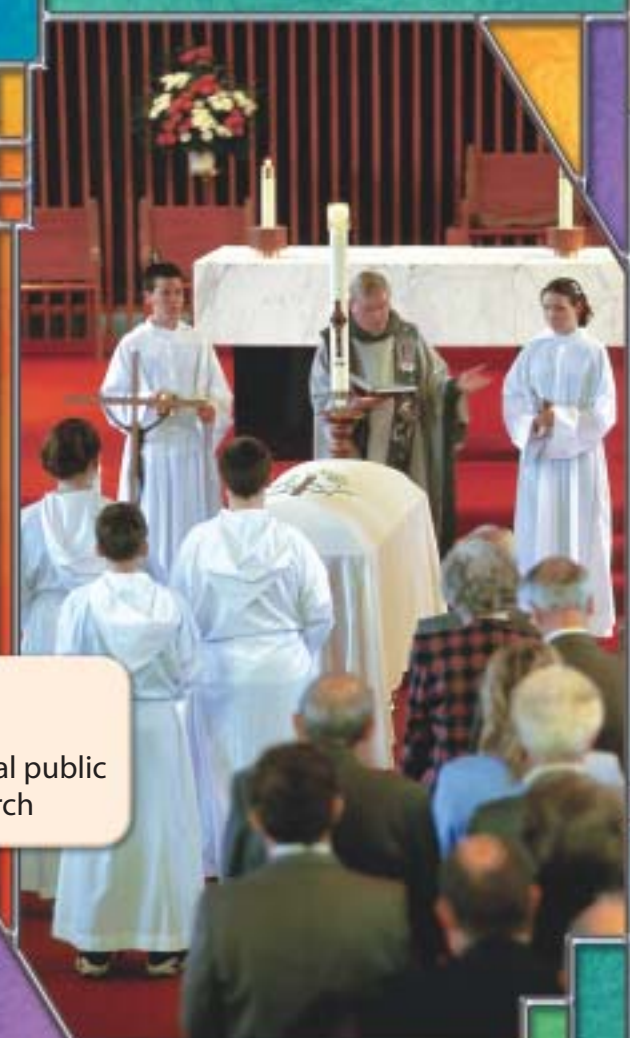
We often come together to worship God. We gather with others to celebrate Mass. Sometimes we celebrate a Baptism or a wedding. When someone dies we might attend their funeral Mass. All these types of prayer are called liturgy.

Liturgy is the official public prayer of the Church.

Each celebration, such as the Mass and the sacraments, is an action of the whole Church. Together as the Church, we worship the Blessed Trinity. We pray with Christ and with the whole Church, the Body of Christ. In the liturgy we pray to God the Father, through the Son, together with the Holy Spirit.



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WE RESPOND

👤 How do you pray each day?

How do the members of your family pray each day?

How does the Church pray each day?
